

Dear Michael Hall Community,

This week has been from deep in the ground to high in the heavens... On Wednesday Class 6B went to the Natural History museum as their Dorset trip has been postponed. Our wonderful curriculum focuses on fossils, rocks, stones and crystals in Class 6 and as ever, it is evidently age appropriate because the enthusiastic reports I've heard from the accompanying teachers have been about how engaged and excited (and well behaved) Class 6B were. As our curriculum is so perfectly curated to meet the children exactly where they are, it is a joy to see how deeply the children respond to it at each stage.

In complete contrast, as it was Ascension yesterday in the Christian calendar, Class 1 went on a picnic to a high place on the school grounds and enjoyed the beautiful view in the gorgeously clement May weather while all around them nature was bursting with growth, heralding the heady summer days which are not too far off.

Wishing you all a fine and tranquil weekend.

Warm regards,

*Emmeline Hawker
Director of Studies*

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friday.flyer@michaelhall.co.uk

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Michael Hall
a Steiner Waldorf School

Class 2 String Experience

Over the last week-and-a-half, Mr Godber and the pupils of Class 2 have been discovering the magic of the violin, harp and cello during the Class 2 String Experience. Through stories and games, our Violin Teacher, Nicoline Kraamwinkel has once again teased out the pupils' musicianly skills such that yesterday (Thursday) morning, they were showing their parents just what can be managed in only a few days. Thank you, Mrs Kraamwinkel! Remarkable.

[Click here](#) to view more images.



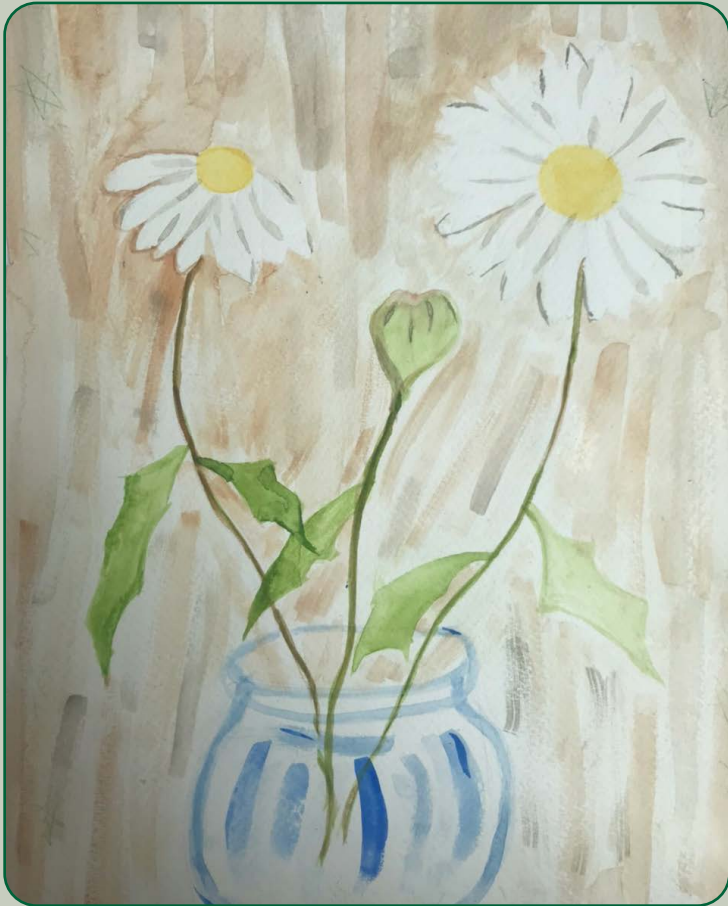
Class 3 Shelter Projects

[Click here](#) to view more of the children's work.



Class 5 Botany Projects

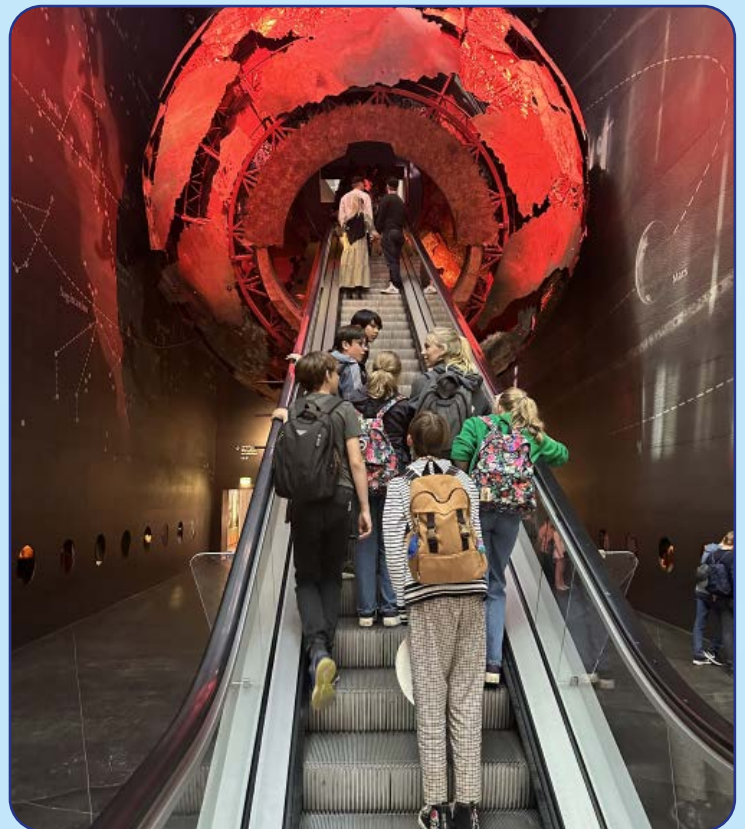
The Power of Plants! Click [here](#) to view more of the children's work.



Class 6b School Trip

Class 6 thoroughly enjoyed their trip to the Natural History Museum this week.

Please click [here](#) to view more images.



'The Alchemist' Play by Class 7b

Click [here](#) to view more images.



Lower and Middle School Eurythmy Festival

Wednesday 24th
at 11am

Assemble at the theatre
gate from 10:45 for a
prompt 11:00 start

Youth Eurythmy Festival

Eight schools across the country took
part in the 'Youth Eurythmy Festival' in
the Michael Hall Theatre on the
5th May.



Click [here](#) to view more images.

The OSLO CITY STEINER SCHOOL return!

For many years up until 2019, as we began the summer term at Michael Hall, we eagerly anticipated the arrival of the Class 12 Music students from the Oslo City Steiner School. Each year, these wonderful young musicians, guided by their inspirational Music Teacher,

Håkon Iversen, gift us a programme of exceptional variety that inspired and enthralled the pupils and students privileged to hear them. So, it was an absolute delight to welcome 28 students and their teachers, Håkon Iversen, Laila Finvik Pettersen and Jon Berg Eriksen back to Michael Hall last Friday, and it was as if we hadn't missed a beat. The group performed their concert in the Gym to Classes 6 -12 and received an enthusiastic, pupil-led standing ovation at the close. Following the concert, we treated our Norwegian friends to lunch in the canteen and our own senior students had opportunities to meet their peers and show them around our school. Håkon Iversen and his team were so grateful for the warm welcome and the chance to catch their breath before heading back to Norway, they would really like to come again next year.

One unsung hero of the day, was our intrepid Estates Manager, Ian Howard, who managed to conjure up a full-size coach to transport our guests, their instruments and luggage back to Gatwick. Thank you, Ian!



Au revoir Sarah Homer

It is with real sadness that we say goodbye to our dear friend and colleague, Sarah Homer, who is leaving us at the end of this term. Sarah is an incredible person and an inspirational musician - composer, clarinettist, saxophonist, double bass player... and that's just for starters! Whilst teaching at Michael Hall, Sarah has composed pieces of all dimensions for our pupils and ensembles, and it was through working on her brilliant score *The Owl and the Pussycat* that I first got to know her. Over the years, she has also provided music for numerous dramatic productions some of which would have involved her own children whilst they attended Michael Hall.



Dear Sarah, thank you for your warm, creative, enthusiastic dedication to our pupils and students. We wish you the very best for the future, and look forward to seeing you back at Michael Hall whenever you have a moment in your busy schedule. Julian Rolton.

Welcome to the “Where are we now?” corner

Take a peek here every Friday to get a picture of where Waldorf Education takes our students in life.

This week we have the very exciting news that Hal Watmough, from the class of 1999, has won a BAFTA this week!

Soon after leaving school, Hal went on a snowboarding holiday with his friends and filmed the trip. He edited the film when he got home, kindling a love for what was to become his career. Through years of very hard work, Hal honed his skills and worked as a freelance editor on many documentaries. He is currently the editor for the well known TV program ‘The Repair Shop’, which won him and the team a BAFTA in the category of ‘Best Daytime TV Show.’



Huge congratulations Hal! We are proud of you!

If you have news of an old scholar that you would be happy to share, please let us know here:
scholarsold89@gmail.com

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

Team Michael Hall is undertaking the Swim 22 Challenge!

Members of the team each need to swim 22 miles over the next 3 months. 22 miles works out at 708 lengths in a 25-metre pool, the equivalent of swimming across the English Channel! So far Mr Jones, Mr Dyer, and Ian Howard have joined the team. To sponsor one of them, click on the link below.

Mr Jones has organised this event to aid fundraising for Diabetes UK, a charity that works closely with individuals with diabetes to help improve their lives. The charity researches better treatments with a long-time goal of finding a cure for this condition. Last year, a child in our school was diagnosed with Type 1 diabetes.

<https://swim22.diabetes.org.uk/fundraising/teams/michael-hall-school>



Alumni and Friends of Michael Hall School

We are holding an Alumni Committee Meeting.

**On Saturday 27th May in
the Copper Beech Cafe at
10.30am**

The invitation is open to all Alumni and Friends of Michael Hall School, past and present.

Please come to discuss events and planning of the Alumni programme.

Tea and biscuits will be provided!

Needle Felting Courses
with Cecily Kate



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Cecily Kate 07961 239074 or Alison 07973 481341

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ADULT TENNIS LESSONS AT MICHAEL HALL

All lessons will have a focus on developing Tennis techniques to enhance your game, in a fun active and competitive way.

Each lesson will be designed to improve all areas of your game covering the technical and tactical aspects whilst improving your physical and mental health..



Days	Times	Lessons
Monday	8:15-9:15am	Cardio Tennis
Friday	08:30-09:45am	Mix Doubles, Tactics and Play

For more info and to book your space please contact rosstennis@icloud.com



HOLIDAY

27th to 31st May

arts & crafts workshops
for 5- 7 year olds from
10.00 to 13.00

and for 8 - 11 year olds
from 14.00 to 16.00

Multi Session and Sibling Discounts available

TN7 4LD in the woods, 10 min from Frow

07422510475 tehilart4u@gmail.com



crafting
painting
creativity

CELTIC MELODY AND SONG

with Rhyll Godber

Three Saturday morning Sessions 10.00 – 12.30

May 13th June 10th July 8th

Welcome to the magical world of the Celts;
music, dance, song...embedded within the
wisdom of their culture. *S I N G!*
take up these gifts; enter into the
timeless power and beauty of
these hidden treasures.

All are welcome

Venue: Forest Row Community centre, The Garden Room

Contribution: £30 for three sessions / negotiable

Contact: Rhyll Godber 07587 119 544 / rhyllgodber@gmail.com

*The wonder of music is to claim the heart so totally, as to
cross all barriers, reaching in to the eternal.
Song opens a pathway of love.*

"I'm important. I
expect you to make a
plan. I want
certainty - not
conflict & chaos!"



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Hilma af Klint The Spirit in Art

Exploring Hilma af Klint's Spiritual Quest through Art



A Symposium with Workshops

Performance by Eurythmum Stuttgart – Else Klink Ensemble

Saturday 3rd June 10.00 – 20.30

Rudolf Steiner House 35 Park Road, London NW1

Hilma af Klint was an artist and a spiritual seeker. These two strands intertwine in her artistic creations and prompt pertinent questions such as: What was the nature of her esoteric practice and what role did it play in her artistic process? Is she attempting to make invisible experiences visible in her paintings? In general, what is the relationship between esotericism and modern art? We invite you to explore such questions in the symposium, workshops and performance at Rudolf Steiner House, near Regent's Park, London.

Symposium

A series of speakers will discuss Hilma af Klint's relationship to the prevalent esoteric streams of her time and place her work in the wider context of modern art. Their most recent research will be shared in a lively format that encourages discussion and interchange and will culminate in a panel discussion on the theme of af Klint's contemporary relevance and popularity.

Symposium I

Hilma af Klint – An Artist in her Time

- *Was the Invention of Abstract Art Inspired by Esoteric Movements?* – Raphael Rosenberg, Professor of Modern Art History at the University of Vienna
- *The 1913 Stockholm Exhibition: Theosophical Receptions of New Forms of Art* – Marco Pasi, Director of the Centre for History of Hermetic Philosophy and Related Currents, University of Amsterdam
- *Hilma af Klint: A Steiner Rosicrucian Theosophist who became a Lifelong Anthroposophist* – Kurt Almqvist, President of Axel and Margaret Ax:son Johnson Foundation for Public Benefit; co-editor of Hilma af Klint's *Catalogue Raisonné*, Stockholm

Symposium II

Hilma af Klint and Rudolf Steiner

- *The Infamous Studio Visit – Truth and Fiction in the Story of Hilma af Klint and Rudolf Steiner* – Hedvig Martin-Ahlén, PhD Candidate at the Centre for the History of Hermetic Philosophy and Related Currents, University of Amsterdam
- *Hilma af Klint and her Encounter with Rudolf Steiner* – Anne Weise, Editor at the Rudolf Steiner Archive in Dornach, Switzerland

Symposium III

Hilma af Klint – An Artist for our Time

- *Relating to Hilma af Klint's Paintings* – Johanna Tagada Hoffbeck, Painter, transdisciplinary artist and cultural practitioner, Oxfordshire
- Plenum Discussion: Kurt Almqvist, Hedvig Martin-Ahlén, Anne Weise, Johanna Tagada Hoffbeck, Raphael Rosenberg, Marco Pasi

Workshops

In the spirit of Klint's artistic quest, participants can choose to take part artistically in a painting or eurythmy workshop or focus on related themes in a small group discussion. Photographs of Hilma af Klint and the journey of her paintings will be exhibited in the foyer.

1. Painting workshop: *Exploring Colour Dynamics and Form* – Angela Lord, international artist and author
2. Painting: *Exploring Space, Composition and Colour in the Work of Hilma af Klint using large format* – Johanna Berger, visual artist and art therapist
3. Eurythmy workshop: *Moving Colour and Form* – Coralee Frederickson, eurythmist
4. Discussion: *Rudolf Steiner and his Artistic Impulse* – Christiane Haid & Fritz Wefelmeyer, Humanities Section of the School of Spiritual Science
5. Discussion: *The Life and Work of Hilma af Klint* – Kurt Almqvist & Hedvig Martin-Ahlén (see above)
6. Exhibition with Discussion: *Introduction to the Goetheanum and Rudolf Steiner's Architecture* – Andrew Wolpert (see above)

Performance

A performance of *Inscapes* by the Stuttgart Eurythmum – Else Klink Ensemble will complement and round off the day's exploration. Just as Hilma af Klint's paintings draw us into a dynamic interplay of freely floating forms in colour landscapes detached from the hard contours of day-to-day reality, so the performing art of eurythmy invites us into a weaving soul-landscape of movement, music and colour. *Inscapes* is a diverse and vibrant programme with works for piano by Beethoven and Rachmaninov and modern pieces for alto & tenor lyres and flute by Jitka Kozeluhova, Yoichi Usami and Christian Giersch.

- Pre-performance talk – Severin Fraser, Co-director Else Klink Ensemble
- Performance: *Inscapes* – Eurythmum Stuttgart – Else Klink Ensemble

Booking

rsh.anth.org.uk / 020 7723 4400
<https://www.ticketsource.co.uk/rudolf-steiner-house/t-jzrnlgx>



Price

£85 full, £60 conc. (with proof of over 60s, unemployed and benefits), £45 students (with valid student card)

Please note, the price includes the evening performance of INSCAPES, which is also open to the public.

Registration

Registration will be between 9.30 and 10.00.

Workshops

You will be asked to indicate your first, second and third choice of workshop when booking.

Meals

There is a limited capacity for meals at the venue, but there are plenty of eateries in the area. Teas and coffees will be available throughout the day.

Travel

BY TUBE

The nearest underground stations are Marylebone and Baker Street. Both stations are only 5 minutes' walk from Rudolf Steiner House

BY BUS

The following bus routes stop right in front of Rudolf Steiner House: 13, 113, 139, 189, 274, N113.

BY BICYCLE

There are 2 cycle stands right in front of Rudolf Steiner House, fitting 4 bicycles. There are two more cycle stands across the street, also fitting 4 bicycles.

BY CAR

The closest parking space is NCP London Marylebone Road, 5 minutes' walk, and Q PARK – Church Street, 10 minutes' walk. Rudolf Steiner House is outside of the congestion zone.

Address

Rudolf Steiner House, 35 Park Road, London NW1 6XT

This event has been organised and sponsored by the Anthroposophical Society in Great Britain



STEAM TRAIN DAY

@ Pixton Hill Meadow

Sat 17th June 2023

Celebrating the life of **Bob Wills** (1923–2023)

(Bob lived at Pixton Hill Farm in Forest Row since 1979, and many will know the train track running through his meadow).

ALL WELCOME

(No charge. Just have fun)

Start time 11am (approx)

The train will be ready to go from around 11am onwards and rides will continue throughout the day. Listen out for the whistle!

Pixton Hill Meadow
Pixton Hill Farm
Forest Row
RH18 5JU



To bring support, connection + love

Mother+Baby

MINI RETREAT

11.30AM-2.30PM WEDNESDAY 24TH MAY

Lovingly held by Charli, Lyann + Sasha

- Welcome Circle
- Mother+Baby Yoga with Sacred Sound
- Nourishing, Nutrient Dense Organic, Biodynamic Vegan + Omnivore Lunch
- Healing Portraits - Visual Initiation to Motherhood
- Closing Ceremony
- All Materials are included
- Handmade Gifts + Recipe Cards

The perfect opportunity for you and your baby to socialise as you adjust to parenting whether it's your 1st Baby or you are experiencing a newborn for the 4th time there is always something to learn from one another.

£55/p.p or Bring a Friend and only pay £100/2 Passes
12 Day Passes Available

To book your place please contact Lyann on 077310601143 or email lyannkema@gmail.com. Further details provided upon registration

Sacred Self Healing

Womb Mandala

HEALING WORKSHOP

12.30-3.30PM SUNDAY 28TH MAY

Lovingly held by Charli, Lyann + Sasha

This is a powerful workshop to bring balance to your womb, clearing unwanted energy, emotional + physical holding.

A wonderful opportunity for those wishing to conceive, release trauma, bring self love to the womb space + general womens health.

Suitable to ALL Women of ALL ages, including individuals who no longer have a physical womb but can bring an awareness to the energetic centre.

The afternoon includes; Woma Mandala Healing Meditation with Sound Energy Medicine, Organic BioDynamic Lunch + a Healing Arts - Womb Mandala Portrait.

£55/p.p or Bring a Friend and only pay £100/2 Passes
12 Day Passes Available

To book email lyannkema@gmail.com.

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