

Dear Michael Hall Community,

I had the privilege of attending this year's Eurythmy Festival on Wednesday and what an absolute treat it was. As I am still relatively new to this fundamental aspect of the Steiner curriculum, it fascinates me just how many varied and diverse elements are included in this world of movement and sound. I always leave the Theatre feeling completely nourished after performances of this kind at Michael Hall, and Wednesday was no exception. Huge congratulations to the performers themselves and to all colleagues who made this such a success.

I genuinely cannot decide whether summer is yet upon us. The sun certainly seems a more familiar visitor these days, but the warmth is not always evident and I really hope that this changes for us all next week, as we take time away from school to relax, reflect, (revise!) and recharge, ready for the final half term of the academic year. This promises to be the busiest and most thrilling part of the year yet and I, for one, cannot wait to come back and get started.

In the meantime, I wish you all a peaceful and nourishing week ahead.

My warmest wishes,

*Sarah Stokes
Principal*

Overheard at Kindergarten

Here is a little interaction from one of the Kindergartens this week:

Adult: "We have to not waste paper because paper comes from trees."

Child "Yes, it does come from trees; square ones"

Class 2 Trip

Class 2 visited Worth Abbey this week for their first class trip. Please click [here](#) for more images.



Class 3b Shelter Projects

Please click [here](#) to view more images of the class's shelters.



Class 4b Trip

Please click [here](#) to view more images.



Lillies, bees and butterflies from Class 5

Please click [here](#) to view more of the children's work.



Class 11 Michael Hall Robotics Challenge

Please click [here](#) to view more images.



Welcome to the “Where are we now?” corner

Take a peek here every Friday to get a picture of where Waldorf Education takes our students in life.

After leaving Michael Hall School in 1993, this student completed an Art & Design Foundation Course, and went on to do a Textile Design degree. Her work then took a turn and for over 20 years now, she has worked within the Finance Software Industry, particularly Fraud solutions, within customer support and customer success management.

She has been involved in million dollar deals, supporting customers through implementation and continued usage. She has built and managed teams locally and in India, and ensures excellent customer service throughout all communications.

If you have news of an old scholar that you would be happy to share, please let us know here:

scholarsold89@gmail.com

Alumni and Friends of Michael Hall School

We are holding an Alumni Committee Meeting.

**On Saturday 27th May
in the
Copper Beech Cafe at
10.30am**

The invitation is open to all Alumni and Friends of Michael Hall School, past and present.

Please come to discuss events and planning of the Alumni programme.

Tea and biscuits will be provided!

JOB OPPORTUNITY

**Minibus Driver
for Brighton and Tunbridge Wells Routes**
Part Time, Term Time only 35 weeks a year -
Various positions available.

Main Duties:

- Collect School Bus from the Maintenance department.
- Carry out basic routine safety checks on the school bus prior to departure.
- Ensure prompt arrival at the first collection point on your allocated bus route.
- Ensure that a register is taken and that any unexpected absences are followed up by telephoning the parents in the morning, or checking with Reception in the afternoon.
- Manage the route in a timely manner to ensure that pupils arrive at school for 08.00am and at all stops on route at the allotted time.

Hourly Rate £12.38

Start date: asap

Closing date: when filled

Benefits:

- Company Pension
- Cycle to work Scheme
- Health and Wellbeing Programme
- Subsidised Lunch
- Free onsite parking

Skills:

- Driving licence – including D1 category is essential
- Experience of driving school children would be preferable

Personal Qualities:

- Enjoys working with children
- Communicates well with children and parents
- Organised, efficient and punctual
- Flexible attitude

Team Michael Hall is undertaking the Swim 22 Challenge!

Members of the team each need to swim 22 miles over the next 3 months. 22 miles works out at 1416 lengths in a 25-metre pool, the equivalent of swimming across the English Channel! So far Mr Jones, Mr Dyer, and Ian Howard have joined the team. To sponsor one of them, click on the link below. All three are well on their way with the challenge.

Mr Jones has organised this event to aid fundraising for Diabetes UK, a charity that works closely with individuals with diabetes to help improve their lives. The charity researches better treatments with a long-time goal of finding a cure for this condition. Last year, a child in our school was diagnosed with Type 1 diabetes.

<https://swim22.diabetes.org.uk/fundraising/teams/michael-hall-school>



Community Ads: Please note that organisations advertised in the Friday Flyer are neither recommended nor endorsed by Michael Hall School.



The Acorn Children's Clinic is a new community clinic providing complementary therapy treatments to support children of all ages to thrive. Our services are available to families of all incomes.



THURSDAYS
9.00 - 2.00pm



THE ANDERIDA PRACTICE
FOREST ROW



Acorn Children's Clinic

- THERAPIES - for children with physical, mental-emotional and behavioural challenges; and for pregnant and postnatal women
- EXPERIENCED PRACTITIONERS - trained extensively in their modality with additional paediatric qualifications
- LOW COST- we offer low cost treatments for families on low income to ensure treatment is accessible to all

Osteopathy

Osteopathy utilises a range of techniques including physical manipulation, stretching and massage, and other gentle techniques such as cranial. Cranial techniques are safe, gentle, and non-manipulative.

Acupuncture and Non-Needle Techniques

Paediatric Chinese Medicine utilises a number of approaches to support the natural flow of energy throughout the body and return healthy balance. Alongside Acupuncture, a number of non-needle techniques are used - Shonishin, Paediatric Tuina Massage, Acupressure, Moxibustion, Cupping and Seeds.



For more information and to book contact
Laura 07779 416716
Rebecca 07786 656466
www.theanderidapractice.com



Anderida Practice, The Square, Lewes Road, Forest Row RH18 5ES

Sewing and Craft Workshops

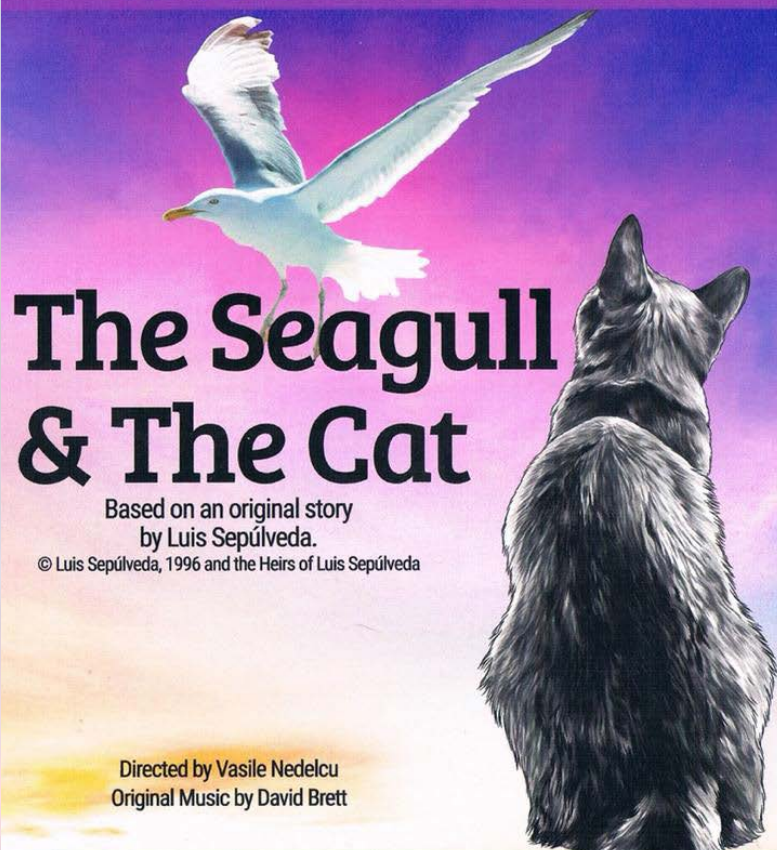


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Special Friday Flier offer - 15% off your first class.
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PERICLES THEATRE COMPANY



The Seagull & The Cat

Based on an original story
by Luis Sepúlveda.

© Luis Sepúlveda, 1996 and the Heirs of Luis Sepúlveda

Directed by Vasile Nedelcu
Original Music by David Brett

Saturday 27 May – 7.30pm

Ruskin Hall, Emerson College, Hartfield Road, Forest Row RH18 5JX

£12 / Concessions £10

Family Ticket £35 (2 adults & 2 children or 1 adult & 3 children)

Tickets: wegottickets.com/periclestheatrecompany



CELTIC MELODY AND SONG

with Rhyll Godber

Three Saturday morning Sessions 10.00 – 12.30

May 13th June 10th July 8th

Welcome to the magical world of the Celts:
music, dance, song...embedded within the
wisdom of their culture. **SING!**
take up these gifts; enter into the
timeless power and beauty of
these hidden treasures.

All are welcome

Venue: Forest Row Community centre, The Garden Room

Contribution: £30 for three sessions / negotiable

Contact: Rhyll Godber 07587 119 544 / rhyllgodber@gmail.com

The wonder of music is to claim the heart so totally, as to
cross all barriers, reaching in to the eternal.
Song opens a pathway of love.

Needle Felting Courses with Cecily Kate



Visit www.oaststudio.co.uk to discover more about our courses
& special offers. Subscribe today for **£10 off** your first course!



Treat yourself this May and expand your sense of peace
... by creating something beautiful in wool

The Oast Studio, Hodore Farm, Parrock Lane, Hartfield, East Sussex TN7 4AR
Cecily Kate 07961 239074 or Alison 07973 481341



STEAM TRAIN DAY @ Pixton Hill Meadow Sat 17th June 2023

Celebrating the life of **Bob Wills** (1923-2023)
(Bob lived at Pixton Hill Farm in Forest Row since 1979, and many will know the train track running through his meadow).

ALL WELCOME
(No charge. Just have fun)

Start time 11am (approx)
The train will be ready to go from around 11am onwards and rides will continue throughout the day. Listen out for the whistle!

Pixton Hill Meadow
Pixton Hill Farm
Forest Row
RH18 5JU



ADULT TENNIS LESSONS AT MICHAEL HALL

All lessons will have a focus on developing Tennis techniques to enhance your game, in a fun active and competitive way.

Each lesson will be designed to improve all areas of your game covering the technical and tactical aspects whilst improving your physical and mental health..



Days	Times	Lessons
Monday	8:15-9:15am	Cardio Tennis
Friday	08:30-09:45am	Mix Doubles, Tactics and Play

For more info and to book your space please contact rosstennis@icloud.com

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90% of issues
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